

PRE-OPERATIVE INSTRUCTIONS FOR INTRAVENOUS SEDATION

Intravenous sedation anesthesia provides the patient with a comfortable, relaxing, and anxiety-free surgical experience. To ensure patient comfort and safety, it is necessary for you to follow some important guidelines:

1. **An adult, responsible escort must accompany you to the office** who can take you home after surgery. While it is not necessary for him or her to be present during the procedure, we ask that your escort be present before the procedure.
2. **Do not eat or drink 6 hours prior to your appointment, If your appointment is scheduled for the afternoon, you may have a cup a tea and a dry piece of toast, 6 hours prior to your appointment.**
3. If your doctor has provided you any prescriptions, please take them as directed.
4. Do take your regular daily medications unless instructed otherwise by your doctor.
5. Do not smoke or consume alcoholic beverages for the first 24 hours before surgery.
6. Illnesses, including colds and fevers, require a delay of your surgery in order to ensure safe administration of the anesthetic. If you develop a cold or fever 3-4 days before surgery, please call the office so that necessary arrangements can be made. If for any medical condition it is require for the patient to have a pre-medication dose, please do so 1 hour prior to your appointment time.
7. Wear loose, comfortable clothing on the day of surgery, please wear short sleeves. We also ask that you remove any nail polish on your fingernails and do not wear any make-ups or jewelry. All mouth piercing have to be removed prior to surgery.
8. We recommend that you have someone at home after surgery to attend to your needs.
9. Do not drink alcoholic beverages or drive for 24 hours after surgery.

Post-operative instructions, both oral and written, will be given to you and to your escort on the day of the surgery. You may also be provided with additional prescriptions at the day of surgery.